MOLE VALLEY ORIENTEERING CLUB

(affiliated to British Orienteering)

FROLICs EVENT

Sunday 18th July 2010
Ashtead Park, Ashtead

Venue: Ashtead Park is in 2 parts. The main event will be in the grounds of the City of London Freemen's School, whilst it is hoped that the extension will be in the Surrey Wildlife Trust part of Ashtead Park to the North (but the undergrowth is a bit fierce).

Car Park: The City of London Freemen's School, Ashtead, Surrey. OS Map 187, at Grid Ref TQ194582. The School will be "O" signed from the A24 in Ashtead.

Public Transport: Ashtead railway station (Trains from Waterloo and Victoria, Dorking and Guildford) is about 15 minutes walk from the school

Map: 1:4000, 5m contours – Drawn to Sprint(ISSOM) map standards. Maps overprinted on waterproof material but not bagged.

Registration: 10.00am - 12.00pm Entry on the day only.

Starts: 10.30am - 12.30pm Courses close 2.30pm

Courses: Yellow (1.8km), Light Green(Frolic Course)(3.8km) and Extension (c. 3km) .

Fees: Seniors £5.00 Juniors £2.00 (All current Students and Staff at CLFS will have free entry)
The event will be using SportIdent electronic punching (hire charge £1).

Facilities: Squash, toilets. Dogs are not allowed (School Grounds)

Officials: Organiser – Mike Elliot
Planner - Mike Elliot Controller: Simon Ling

MV Website: http://www.mvoc.org/

Safety: Whistles recommended, beware of deer ticks

IN THE INTEREST OF SAFETY ALL COMPETITORS MUST REPORT TO DOWNLOAD
Competitors participate in this event at their own risk