



MOLE VALLEY ORIENTEERING CLUB

(Affiliated to British Orienteering)

Mole Festive Event Norbury Park, Leatherhead

A regional (level C) national ranking event incorporating the South East Veterans Championships

Sunday 17th December 2023

Event:

Take a break from your Christmas chores. Escape to the tranquil Surrey Hills for some O-relief. Norbury Park has a network of paths and tracks giving access to runnable woodland and open areas. Courses have been planned to take you to the best bits. For the more technical courses (Light Green and above), the navigational challenge is enhanced by the gentle hillside to the north-west with its valleys and re-entrants. The start is a 10 min uphill walk from the assembly area and it's a 6 min walk back from the finish. Download, First Aid and Portaloos will be in the assembly area. SI punching with SIAC enabled.

Join fellow runners for mulled wine and mince pies in the assembly area after your run.

Directions:

Parking will be at the Leatherhead Leisure Centre, what3words ///ties.toxic.dips, Grid Ref TQ162557 Postcode KT22 9BL. There is a 12 min walk along the Mole Gap Trail from the Leisure Centre to the assembly area. **Competitors over 75 years old and those with children 14 or under** may park in the assembly area car park off Young Street, A246, what3words: ///solve.closet.first Grid Ref TQ163551 Postcode KT22 9DX. Note there is no right hand turn from the A246 into the car park.

Parking:

Parking at the Leisure Centre is free for three hours; anyone wishing to park for longer should collect a free permit from Reception. Parking is free at the Young Street car park.

Public Transport:

The nearest railway station is Leatherhead, 1km from the Leisure Centre.

Map:

Originally surveyed and drawn by Philip Gristwood and updated in October 2023 by Ian Roberts.

Courses:

If you are new to orienteering you should choose a Yellow course.

Course	Provisional Length / Climb	Number of controls	
Brown	9.0km / 225m	27	Experienced orienteers
Blue	6.3km / 170m	18	Experienced orienteers
Green	4.9km / 105m	14	Experienced orienteers
Short Green	3.7km / 65m	12	Experienced orienteers
Light Green	3.6km / 55m	11	Improvers (advanced skills)
Orange	2.8km / 70m	11	Improvers (intermediate skills)
Yellow	2.3km / 25m	9	Beginners (basic skills)

- Championships:** Trophies to winners of the Veterans and Super Veterans competitions, who must be members of an SEOA affiliated Club.
- South East Veterans courses:** M40+ Blue, W40+ Green
- South East Super Veterans courses:** M60+ Green, W60+ Short Green
- Starts:** In 15-minute blocks between 10.30 and 12:00. Courses close at 13:30, so if you are likely to take more than 90 minutes, please pick an early start time.
- Registration:** Online via racesignup.co.uk. Entries close on Friday 15th December. Entry on the day subject to map availability.
- Fees:** Entries on or before 10th December: Seniors £10,00 (plus £2 if not a BOF member). Under 21s & full-time students £5.
- Entries from 11th December: Seniors £12.00 (plus £2 if not a BOF member). Under 21s & full-time students £6.
- Card hire: SI card hire £1, or SIAC contact-less card hire £2.50.
- Charges for lost cards: SI card £35, SIAC card £65.
- Facilities:** First Aid cover. Three portaloos in the assembly area. Toilets in the Leisure Centre.
- Dogs:** Dogs are permitted but must be kept under close control at all times.
- Updates:** Please visit the MV website to read the final details and also before travelling to check for last minute changes or new information about this event.
www.mvoc.org.
- Officials:** Organiser – Ashley Tilling (MV) email mvocevent@gmail.com
Planner – Mark Feltham (MV)
Controller – Mike Murray (SLOW)
- SAFETY** Whistles should be carried. Full arm and leg cover is mandatory as per BOF rule 10.1.

ALL COMPETITORS MUST REPORT TO DOWNLOAD

**** Competitors participate in this event at their own risk ****