



Mole Valley Orienteering Club

(affiliated to British Orienteering)

www.mvoc.org

WINTER STREET O SERIES 2022/23 LOWER MORDEN TUESDAY 20 SEPTEMBER 2022

This is the 1st event of a series of 8 winter evening Street Orienteering events MVOC are organising on a monthly basis from September to April. Each event will be a 1-hour or 40 minute score event and a league table will be compiled from the results of each event as they proceed. The best 5 results from the 8 events will determine the final league positions. There will be a trophy for the first male competitor and The Lois Exell trophy will be presented to the first female competitor at or soon after the final event.

To take part in this event: Pre-enter at www.racesignup.co.uk Please, if possible, use a smartphone and ensure you have latest version of MapRun (**MapRun6**) installed and the course is downloaded to your phone before you arrive. Details of how to obtain a copy of the app and how it works can be found [here](#)

Download the course onto the app by clicking on 'Select Event, and following the menu path **UK > Mole Valley > StreetO 22/23 Winter Series**. The course will not be visible on your phone until you receive the PIN number at Registration on the night. There are no written answers required with MapRun and your result will be automatically downloaded when you finish. The full procedure will be explained at Registration. You can also use a Garmin watch with the MapRunG app installed and the course loaded.

If you are really unable to use MapRun, you are still welcome to take part by completing the control sheet with pen or pencil but this is a much slower method. With this approach, timing will be by SI Start/Finish units – timing device supplied if you do not have your own. The procedure will again be explained at Registration.

Registration/ Start location: Morden Brook PH, Lower Morden Lane, Morden SM4 4SS. Event start/finish will be in the pub outdoor area. Food is served until 9pm only, you may like to order before your run.

Parking: Morden Assembly Hall, Lower Morden Road. Street parking in adjacent roads to the area.

Public transport: Train stations Motspur Park and Morden South both 1.8k away, Raynes Park 2k away; several bus services 163 (from Morden, Wimbledon or Raynes Park Stations) , 293 (from Epsom, & Morden stations) & 413 (from West Sutton & South Merton Stations) to within 1 minute walk from PH.

Map: 1:10,000 scale and printed on waterproof paper.

Equipment required: Smartphone if possible, with MapRun6 installed and course downloaded in advance (see above) otherwise pen or pencil; watch or timepiece; torch or head torch; whistle in case of an emergency/injury. High visibility clothing.

Entry Fee: £3 to all BOF members, £5 to non-BOF members. Juniors under 16 are welcome but must be accompanied by an adult and the pairing will be charged the appropriate adult fee (above). Free to Mole Valley OC members and 'Supporters'.

Starts: Starts between 6.30pm and 7.30pm (no need to book an exact start time).

Score Event: "Score" just means that there is no set course. Your map will show a number of controls, but you don't have to visit them all. You get points for each control you do visit and lose points if you take more than an hour. This year we are also offering a 40 minute score (same controls, but for those less physically able) where the net score is multiplied by 150% for inclusion in the results.

Last minute changes: Please visit the MV website before travelling to check for last minute changes www.mvoc.org

Results: provisional live on the app and final version on the club web site as soon as possible.

Covid 19: We shall be following all the current government and British Orienteering advice on Covid safety. See Racesignup entry page for this event, for the latest guidance before entering

This event is planned and organised by Steve Pallister and Steve Chandler - if you have any questions contact clerk@mvoc.org

You are responsible for your own safety and you take part in this event at your own risk.