



Mole Valley Orienteering Club

(affiliated to British Orienteering)

www.mvoc.org

SUMMER EVENING SERIES Event 1 – DENBIES VINEYARD Tuesday 24th May 2022

This is the first of a variety of Summer evening Orienteering events MVOC are organising between May and August within the Mole Valley area.

Denbies have very kindly permitted us rare access to the rows of vines within one of the UK's largest and best known vineyards, an experience not usually afforded to the general public.

The vineyard lies on the Eastern slopes of Ranmore Common just outside Dorking and is overlooked by Boxhill to the East. The undulating chalk terrain is intersected with public footpaths with the vine fields interspersed with a small scattering of lone trees and clearings.

Technically, on offer is a completely different challenge from other cross country orienteering events. The navigational expertise and decision making needed is similar to that of urban orienteering.

Three linear* courses are available:

Course **A** is more suitable for adult orienteers and runners, including newcomers, providing a longer and more complex challenge than the other courses.

Course **B** is for newcomers, novices, juniors as well as adult orienteers wanting a longer run than course C but less strenuous and challenging than course A

Course **C** is for younger juniors and family groups new to orienteering.

Provisional lengths of the courses are as follows:

Course A: 4.6km, 28 controls, 125m climb. Expect to run approximately 48% further

Course B: 2.7km, 18 controls, 55m climb. Expect to run approximately 25% further

Course C: 2.3km, 13 controls, 25m climb. Expect to run approximately 25% further

Note: Course **A** crosses the estate access road. Courses **B & C** are traffic free.

Entries via racesignup.co.uk **close 23:59pm Sunday 22nd May**. No entries on the day

Fees: BOF seniors £3; non-BOF seniors £5; BOF juniors (under 16) £1; non-BOF juniors £2

MV member helpers – 50% discount – email clerk@mvoc.org for code; Si Dibber hire £1

Map printed on waterproof paper. Scale is approximately 1:3300 with 5 metre contours.

SI controls will be used throughout and will be SIAC enabled.

Clothing/equipment: Full leg cover is NOT essential ie shorts or skirts should be fine; compass optional; Si dibber unless hiring; rubber soled shoes only ie no spikes or steel studs; water to hydrate before and after the run if weather is hot; if heavy rain is forecast a waterproof top may be required. Otherwise wear whatever you feel comfortable running in.

Starts: 6.00pm – 7.00pm. Courses close at 8.15pm.

Start and Finish: close to the car park

Parking location: Denbies Vineyard car park MR TQ 166511. **What3words:** engage.policy.yoga

Public transport: The nearest rail station, Dorking 1km.

Final Details: will be issued before the event. **Results:** as soon as possible afterwards.

*Linear course is one where controls must be visited in numerical order and the fastest round the course wins.

*****You are responsible for your own safety and you take part in this event at your own risk*****