



Mole Valley Orienteering Club

(affiliated to British Orienteering)

MORDEN HALL PARK

London Park Race Series 2021

14 August – 31 August 2021

Mole Valley Orienteering Club invites you to the final event of the London Park Race Series 2021 in Morden Hall Park where you will enjoy 50 ha of former deer park spanning the River Wandle. This historic estate is owned and managed by the National Trust

Location: Postcode SM4 5JD. Use foot entrance at junction of Aberconway Rd & Morden Hall Road (A297) and turn left before the river after you pass the Stable Block to reach the Start. Morden underground station 300m, Phipps Bridge tram stop 400m. Morden Hall Park car park is also available (Grid Ref TQ261685. W3W army.facing.judges). Toilets and a café are available near the Finish

Map: Newly updated by Mike Elliot. 1:4000 scale

Terrain: Former deer park with historic stables, mill & other buildings. Bisected by many channels of the River Wandle. Small areas of woodland. Full leg cover strongly advised – you will encounter nettles & long grass

Courses: Long (5.0km, 18 controls) and Short (2.8km, 10 controls). These are straight line distances and the optimum route is considerably further. **YOU MUST USE BRIDGES TO CROSS THE RIVER WANDLE.** You can complete the course at any time and between 14-31 August to be included in the results

Format – You will need to install MapRun6 on your phone and download your selected course from UK>Mole Valley>ParkO>Morden Hall Park Long/Short. If you'd like to run with a Garmin watch instead of your phone, [follow these instructions](#) as well. You will also need to download and print the race map to navigate with using the following links – [Morden Hall Park Long](#) & [Morden Hall Park Short](#). There are IOF symbol control descriptions on the map

When you ready press 'Go To Start' (there is no code required) and the App or watch will start automatically when you're at the Start (red triangle). The App will record each control (beeping each time) and then stop your time when you're at the Finish (double circle)

It is very likely you will pass by controls later or earlier on your course as you loop around. These controls will register as you go by them. MapRun will ignore these extra punches but it is worth checking your code after you've heard the beep to make sure that you are going round the controls in order

Your result should be uploaded automatically, but if not, you might need use Upload (Manual) on the Results page of the App. If you're using MapRunG, you may need to 'Get Track from Garmin'

Dogs: Welcome if kept under control

Event Official: Organised and Planned by Tony Burton (MV) fixtures@mvoc.org

Park Race series: More information at <http://parkrace.org/>