

Thank you very much to all that completed the course at Beddington Park, I hope you enjoyed the park and had fun completing the course.

I am glad to see that so many people are enjoying these virtual courses and it is encouraging to see so many of those who tried the Nonsuch Park course carrying on to the second course in the series.

The size of Beddington Park made planning a course only using the permanent Orienteering posts even more of a challenge as it was very difficult to have legs zig zagging about without making the map look a mess! I also had to avoid the temptation to run across the cricket pitch or indeed close enough to the finish control to inadvertently finishing your course on the app.

I hope you found the course fun. The course utilised the whole of the area, just about offered some route choices and some mixed terrain. It certainly is a very fast area as has been shown in the results, with some great times posted.

The series has now moved on to Norbury Park near Leatherhead. This is another lovely location and hopefully you will find it a lot quieter compared to the first two courses. The area offers some open areas but is mainly forest and includes much more hills, so hopefully a good re-introduction to more traditional orienteering land. The course is 4.9km long and described as Red (remember them) as most of the controls are situated on or near paths. If you are running without the printed map, please note that the field that you will encounter after control 1 and on control 12 does have some additional optional fence crossing points (as shown below). These will not be shown on the map on the app. Enjoy your run.



As many of you will know a return to traditional Orienteering events will be starting again soon and MVOC are hosting two events at the Nower in August, so keep an eye on the website for more details.

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