



Members of Mole Valley Orienteering Club will be on hand to give help and advice.

NO PREVIOUS EXPERIENCE OR EQUIPMENT NEEDED

Parking: Car Park by the Ranger's hut (Nearest post code KT18 5PP)

Registration: In car park. Entry on the day only. Please reserve your map by emailing chair@mvoc.org

Epsom Downs is well signposted from every direction. From the south take the A217 (M25 jn7) and follow the signs which will eventually bring you out facing the race course. Turn right and the event centre is 250 metres further on the left. From London and the north take the A217 and A2022 which will bring you out by the grandstand. Turn left, signposted Tadworth, and the roundabout by the car park is 700 metres. There are several Pubs on the downs for food and drink after the event. The nearest station is not surprisingly Tattenham Corner about 300 metres away.

Fees: Seniors £5 (£4 British Orienteering members), Juniors £2. SI electronic punching will be used, and dibbers are available to hire (£1) from registration

Map and terrain. Epsom Downs consists of wide open grass areas with magnificent views over London, plus pockets of woodland with intricate path networks which have been mapped in great detail by Philip Gristwood. Overall the area does not permit technical difficulty of more than 4. There are no very steep gradients.

Map: 1:1000, 5m contours, surveyed between Feb-Oct 2017 - maps will be overprinted on A4 waterproof material

Courses: One-hour score and Orange 4.1km course for novices. The event will be using Sport Ident electronic punching.

Safety and courtesy to others: The nearest hospital is Epsom Hospital. Full details will be at the event centre. The prime purpose of Epsom Downs is to exercise race horses, but this will have ceased by the time our event starts. However, the area is very popular with local walkers, dog walkers and ordinary horse riders. They must be shown courtesy and horses have absolute priority and must be given a wide berth. Dogs are allowed but must be kept under control and must not be allowed near horses.

Registration: 17.30 – 19.00. Starts: 17.45 - 19.15pm. Courses close 20.15pm

Results: Will be available at the MV Web Site as soon as possible after the event at www.mvoc.org

Event Officials: Planner – Ray and Deborah Sullivan(MV). Organiser – Bill Alexander & Deborah Sullivan (MV).

You are recommended to carry a whistle in case of emergency. As a safety check, you must report to Download. Please note that if you have competed in three or more orienteering events registered with British Orienteering and not joined an orienteering club which is a member of British Orienteering then you are not covered by their public liability insurance

You are responsible for your own safety and you take part in this event at your own risk