



Mole Valley Orienteering Club

(affiliated to British Orienteering)

www.mvoc.org

Summer Evening Orienteering at THE NOWER Tuesday May 17th 2016

This is the first of a series of SUMMER EVENING events MVOC are organising on Tuesday nights from May to August.

This event is designed to be both interesting and fun for newcomers to the sport and challenging for experienced orienteers

The Nower is a small, beautiful area on the western outskirts of Dorking consisting of largely mixed runnable woodland with open spaces. It is dominated by a wooded ridge that runs East-West across the entire area which at its highest point commands spectacular views over Dorking and across to Ranmore and Box Hill.

Format: 'Odds and Evens' 45 minute score event. Control selection will depend on which of three choices you make at the start. SI control units will be used throughout. 1:5000 A4 size map updated January 2015 and printed on waterproof paper.

Registration location: the garden of The Falkland Arms, 60 Falkland Road, Dorking RH4 3AD. Map ref: TQ 16354860. The pub is at the junction of Falklands Road and Hampstead Road. Parking should be plentiful in surrounding side streets. Bar snacks available (sandwiches, chilli and chips).

Public Transport: Trains: **Dorking West** 1.2km, **Deepline and Dorking** 1.5km from the pub
Buses: **465** from north (Kingston), **32** from east and west and **93** from south (Horsham)

Starts: At The Nower open space between 6.00 – 7.30pm, approx. 400m from registration.

Entry Fee: £3 to non-BOF seniors; £2 to BOF seniors; £1 for all juniors under 18; free to MV members & supporters

Equipment: Watch; SI dibber (these can be loaned to those that don't have one); compass; whistle in case of injury; full leg cover advised as there are brambles in places.

To enter: please email: engelwalk@hotmail.com to reserve a map.

Note: BOF 3rd Party insurance does not cover any non-BOF member who has taken part on 3 or more BOF events. If you are affected, you are strongly advised to join a BOF club for your own peace of mind.

Results: will be available as soon as possible after the event on www.mvoc.org

The event is planned and organised by **George Engelhardt**

*****You are responsible for your own safety and take part in this event at your own risk*****