

# Southern England Orienteering Urban League 2020

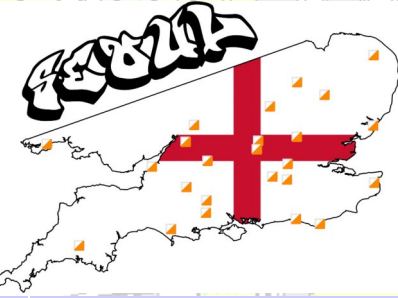
Fast exciting urban orienteering. Twenty four races across southern England, with eight races to count for the overall scores. Race categories are: 12-, 16-, Open, 40+, 55+, 65+, and 75+ for both men and women. Typical winning times are 35-50 minutes; a little less for the juniors.

<https://seoul.owls-count.net/>  
<https://www.facebook.com/SeoulDiscussion>



## New to Orienteering?

An Orienteering competition is a race that does not follow a set route. Instead you have to visit a series of control points and register each one with an electronic timing chip. The challenge is to decide what you think the quickest route will be between the control points, then to run your own way along that route using your map, as fast as you can. Newcomers welcome—no experience necessary, so why not come along and give it a go! There will be courses for all ages and abilities at each race. See the club websites for more details.



Sat. 28th March	Sandwich	SAX: <a href="http://www.saxons-oc.org">www.saxons-oc.org</a>
Sat. 18th April	Poundbury	WIM: <a href="http://www.wimborne-orienteers.org.uk">www.wimborne-orienteers.org.uk</a>
Sun. 26th April	Warminster	SARUM: <a href="http://sarumo.org.uk">sarumo.org.uk</a>
Sat. 16th May	Eastbourne	SO: <a href="http://www.southdowns-orienteers.org.uk">www.southdowns-orienteers.org.uk</a>
Sat. 16th May	Harwich	SOS: <a href="http://www.stragglers.info">www.stragglers.info</a>
Sun. 17th May	Tenby	BAOC: <a href="http://www.baoc.info">www.baoc.info</a>
Sun. 17th May	Cambridge	WAOC: <a href="http://www.waoc.org.uk">www.waoc.org.uk</a>
Sat. 23rd May	Tavistock	DEVON: <a href="http://www.devonorienteering.co.uk">www.devonorienteering.co.uk</a>
Sun. 31st May	Stroud	NGOC: <a href="http://www.ngoc.org.uk">www.ngoc.org.uk</a>
Sun. 31st May	Ham, London	SLOW: <a href="http://slow.org.uk">slow.org.uk</a>
Sun. 7th June	Clevedon	BOK: <a href="http://www.bristolorienteering.org.uk">www.bristolorienteering.org.uk</a>
Sun. 14th June	Welwyn Garden City	HH: <a href="http://www.herts-orienteering.club">www.herts-orienteering.club</a>
Sun. 28th June	Abingdon	TVOC: <a href="http://www.tvoc.org.uk">www.tvoc.org.uk</a>
Sat. 11th July	Woking	SN: <a href="http://www.southernnavigator.com">www.southernnavigator.com</a>
Sat. 18th July	Highworth	NWO: <a href="http://www.northwilts.org.uk">www.northwilts.org.uk</a>
Sun. 19th July	Cheltenham Racecourse	NGOC: <a href="http://www.ngoc.org.uk">www.ngoc.org.uk</a>
Sun. 9th August	Milton Keynes	SMOC: <a href="http://www.smoc.info">www.smoc.info</a>
Sun. 30th August	Leatherhead	MV: <a href="http://www.mvoc.org">www.mvoc.org</a>
Sun. 27th September	Oxford	TVOC: <a href="http://www.tvoc.org.uk">www.tvoc.org.uk</a>
Sat. 3rd October	Fordingbridge	WIM: <a href="http://www.wimborne-orienteers.co.uk">www.wimborne-orienteers.co.uk</a>
Sun. 4th October	Huntingdon	WAOC: <a href="http://www.waoc.org.uk">www.waoc.org.uk</a>
Sun. 11th October	Norwich	NOR: <a href="http://norfolkoc.co.uk">norfolkoc.co.uk</a>
Sat. 31st October	Salisbury	SARUM: <a href="http://sarumo.org.uk">sarumo.org.uk</a>
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