



## Mole Valley Orienteering Club

(affiliated to British Orienteering)

[www.mvoc.org](http://www.mvoc.org)

# The third of 4 SUMMER EVENING EVENTS AT NONSUCH PARK, CHEAM Tuesday 11th June

## 1 hour "Odds & Evens" Score\* event

plus!!

**a short, no-obligation coaching exercise for those that wish to take part or are new to the sport**

**Registration:** Ye Olde Red Lion pub, 17 Park Road, Cheam SM3 8QB. MR TQ243638.

**Parking:** large public car park in Park Road free after 6.30pm, or use side streets.

**Public transport: Trains:** Registration is closest to Cheam Station approx. 600m

**Buses to Cheam:** **151** from Wallington or Worcester Park; **213** from Kingston or Sutton; **470** from Colliers Wood or Epsom

**Map:** **1:10,000** with **5 metre contours**. Updated in Spring 2019 by Mike Elliot and printed on waterproof paper.

**Terrain:** 250 acres of lovely, largely runnable parkland consisting of open fields divided and surrounded by woodland areas; ponds; a small lake and accessible enclosures. An extensive path network covers the entire area.

**Equipment required:** Watch; Si dibber (loaned to those who don't have one); compass useful but not essential; a whistle to summon help if required but not mandatory.

**Clothing:** **Full leg cover is advised** as nettles/brambles may be encountered if deviating away from the paths. Otherwise wear whatever is comfortable to walk or run in on cross country terrain, including rainwear if appropriate.

**Entry Fee:** £3 all BOF seniors, £2 all BOF juniors (U21) and students, £5 non-BOF seniors; £3 non-BOF juniors (U21) and students. Pairs, groups and families will take part at the senior rate, plus £1 for each extra map they require.

**Entry system:** please reserve a map by emailing the entries secretary, Deborah Sullivan, at: [deborahsullivan789@gmail.com](mailto:deborahsullivan789@gmail.com) by **Sunday 9th June latest**. **Important note:** [please reserve a map so that we can guarantee there will be one available for you.](#)

**Starts:** Starts between **6.00pm and 7.30pm**. Ten minute walk from Registration. Course closes **8.30pm**

**Safety:** Unfortunately BOF public liability insurance does not cover non-British Orienteering Federation members that have taken part in 3 BOF registered events.

**\*Odds & Evens Score Event:** You have to visit as many controls shown on the map as you can in 1 hour. You start with either odd or even numbered controls but once you switch to the other you cannot go back. All controls will have the same value. Time penalties apply if you take more than an hour.

**\*\*\*All are welcome for a social at the pub afterwards\*\*\***

**You are responsible for your own safety and you take part in this event at your own risk**