



Mole Valley Orienteering Club

(affiliated to British Orienteering)

Horton Estate, Epsom

SEOA - Sprint Championships

Sunday 2nd June 2019

Event details: The event has two sprint races, **Prologue in the Clarendon Park Estate** and **Final in the Noble Park Estate**. The combined times of both races will be added to determine the winning time.

Medals will be presented to the top three in each age class.

Parking and Event Centre: Parking is in the grounds of Horton Country Park, off Horton Lane, Epsom, Surrey, OS grid reference TQ 192616, Postcode is KT19 8PL. Please follow marshal's directions. Nearest rail stations are Epsom and Chessington South (2 km).

Entry / Registration: Online entries via www.fabian4.co.uk.

Seniors £8, Juniors (under 21) £4 by 26th May 2019

Entry on the day - Seniors £10, Juniors £5. Beginners and Novices £7 (subject to map availability).

Registration on the day is adjacent to the parking and is open from 10 to 11am.

SI electronic punching will be used and dibbers for this will be available for hire from registration for £1 (lost dibbers £30).

Map: 1:4000 scale, A4, on a new map of Clarendon Park Estate and an update map of the Nobel Park Estate. Maps will be overprinted with the courses and printed on waterproof paper.

Courses:

- 1 M14-16; M18-40; M45-55
- 2 W14-16; W18-40; W45-55
- 3 M60-65; M70+; W60-65; W70+
- 4 M10-12; W10-12

Starts: Prologue 10:30 to 11:30am and

Final 1:00 to 2:00pm.

The start and finish of both races are approximately 1km walk to the registration/Download. Start times will be open for both races. Prize giving will be at about 2:45.

Facilities: Toilet near registration/download. Food and refreshments will be available in the café of the Moat Garden Centre located about 200m from registration/download.

Terrain: The area is predominantly in areas of quiet residential housing, hospital areas and open grassy areas. No main roads need to be crossed.

Event Officials: Organiser: Peter Martin (MV) (peter.dmartin@btinternet.com)

Planner: Sarah and Tim Scarbrough (MV) and

Controller: Helen Marsden (HH)

Results: Will be available at Mole Valley web site <http://www.mvoc.org>

You are responsible for your own safety and you take part in this event at your own risk