



Mole Valley Orienteering Club

(affiliated to British Orienteering)

www.mvoc.org

St. Leonard's Forest Night Score (part of the Kent Night Cup series)

Thursday 24th January 2019

Mole Valley welcomes you to an evening score event at St. Leonard's Forest

This event is part of the "Kent Night Cup" series, but you don't have to be competing in this series to enjoy it. It will be a mass-start score event, with a 60 minute time limit. "Score" simply means there is no set course, just controls on the map. You choose which ones to visit. You get points for visiting controls, and lose points if you take more than an hour.

There will be 20 controls, each worth 1 point. So that the faster runners get their full quota of exercise, the controls will be split into two groups, "90"s and "100"s. You can visit 90's (codes 90-99 inclusive) first and then switch over to 100's (codes 100-109), or 100's first and then switch to 90's. You don't have to visit all of one set before switching to the other, but you can't swap back. So sequence 105-100-101-92-95-93 is good for 6 points. 105-92-100-95-101-93 is not permitted. You lose 1 point per part or whole minute over 60 minutes.

There will be a mass start at 19:30. The forest is 10 minutes walk from the pub, so we will leave as a group at **19:20** - KNC regulars please note this earlier time.

Directions: Car parking/Registration will be at the Dragon public house, junction of Forest Road and Tower Road, Colgate at GR TQ229327 (nearest postcode RH12 4SY). From the roundabout above M23 junction 11, follow "Services", but then ignore the right turn into the services and continue 100m to the next roundabout. Right at this roundabout signed "Pease Pottage" and continue 3km to Colgate village. The Dragon is then on the left after 500m. Please drive right through the main (tarmac) car park and turn left into the overflow. Faygate railway station 2.5km. Metrobus 200 Horsham-Gatwick stops at "Faygate Roundabout", 1.8km

Registration: on the night only in the pub overflow car park 18:40-19:10. Bring your SI dibber to Registration if you have one. Seniors £4, Juniors £1, SI dibber hire £1. Be prepared to fill in a Kent Night Cup emergency contact form if this is your first event of the season.

Please email [ditchi56-bof <at> yahoo.co.uk](mailto:ditchi56-bof@yahoo.co.uk) so that we can estimate map numbers. If you would like to volunteer in advance to collect a few controls, that would be much appreciated.

Apres-O: optional meal and prize-giving afterwards in the pub. If eating, please order food in the pub before you run. They'll want to know when to serve you, remember the forest is 10 minutes walk away and you'll need to change. Allow extra time if control-collecting. Kitchen closes 21:30. No muddy footwear in the pub please.

Map: produced for the 2017 JK by James Crawford & Linda Pakuls, with later updates by Mike Elliot. 1:10,000, 5m contours. Control descriptions will be on the map only.

Terrain: Woodland with a track and mountain-bike path network. Some pitted areas resulting from iron mining. Tip: finding an attack point then compass & pacing is more reliable than counting pits.

Safety: Torch, backup torch and whistle compulsory, also possibly cagoules in inclement weather. No traffic within the forest, but you need to walk along a fast road with no pavement to reach it. Nearest A&E is East Surrey Hospital, Canada Avenue, Redhill, RH1 5RH 01737 768 511

Event Official: Ian Ditchfield MV

Updates and Results: Check our website before travelling for last-minute updates and to find the results www.mvoc.org

You are responsible for your own safety and you take part in this event at your own risk. British Orienteering 3rd Party insurance does not cover any non-member of a British Orienteering affiliated orienteering club at this event if that person has taken part in three or more British Orienteering registered events.