



Mole Valley Orienteering Club

(affiliated to British Orienteering)

www.mvoc.org

BOF RANKING NIGHT CHAMPS

St Leonards Forest

Saturday 17th November 2018

FINAL DETAILS

Key points:

If arriving later beware of early finishers when parking

Map 1:10,000 update October 2017

Whistles/cagoules may be compulsory if the weather justifies them

Courses close 20:30 sharp

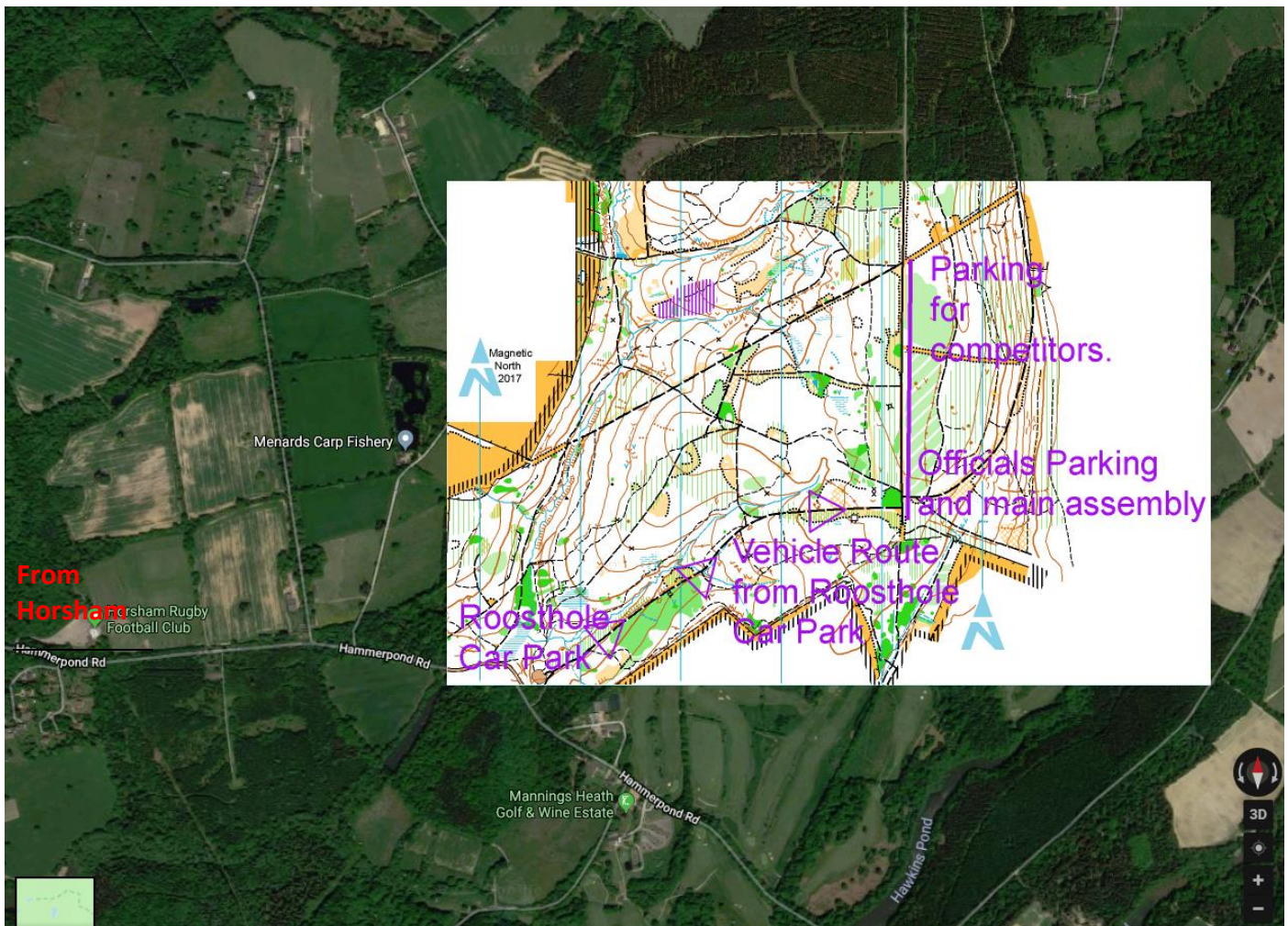
“Safety bearing” head uphill to main track and then in a southerly direction until reaching assembly.

Location and Parking:

St Leonards Forest, RH13 6PG. Nearest town is Horsham. Post code takes you to the golf club. Event parking is on the main forest track accessed from Roost Hole car park – 200m NW from the golf club. Please note there is a height restriction for the car park (2m). Tall vehicles will need to park safely on the access road and walk.

Please do not arrive before 16:30 as the parking team will not be in place. If you arrive early in the evening particularly around dusk, please be aware of other forest users who may be on or crossing the main track. Likewise, if you finish before the course closes at 20:30, beware of other runners who may still be out.

Please park considerately so as to not obstruct access along the track and follow the instructions of the parking marshals.



Registration:

- EOD from 17:00 to 18:00, £10 and £5 'depending on map availability'. All prices are subject to £2 surcharge for Non-BOF members.
- SI electronic punching will be used. Dibber hire £1. Hire EOD or collect prepaid from Registration.
- Please note that there will be no toilets. Please respect the forest.

Map: Survey and cartography by James Crawford and Linda Pakuls 2016/17. Updated October 2017 by Mike Elliot. 1:10,000 scale, overprinted and waterproof. Loose control descriptions will be available at the Start.

Courses: (1) Chocolate 5.7km, 140m, 20 controls (2) Navy 4.3km, 80m, 18 controls (3) Olive 2.8km, 55m, 14 controls (4) Ochre 1.9km, 45m, 11 controls. These are night equivalents of Brown, Blue, Light Green & Orange respectively.

Championship classifications:

Course	Men	Women
1	M20-40, M45-50	
2	M18, M55-60	W20-40, W45-50
3	M16, M65-75, M80+	W16, W18, W55-60, W65-75, W80+

Further details can be found on the SEOA website: <https://www.seoa.org.uk/info/orienteering-competitions-within-seoa/south-east-night-championships>

Please note that the participation of under 16s will be at the discretion of the organiser and/or the controller by deciding that the person participating is likely to be capable of completing the course,

usually by evidence that they have completed TD5 day events. If unsure, please contact the organiser in advance.

Starts: 17.30 to 19:00. Courses close at 20.30 – *please start early if you expect to be a long time!*
Start and Finish are adjacent to Assembly

Safety: A full risk assessment has been carried out for this event.

- Competitors must wear full leg cover. The current forecast is for dry mostly clear night with temperatures falling to around 6°C over the evening. You are advised to carry a whistle. Goggles may be compulsory if the weather is cold and wet.
- Detailed safety advice will be available at Assembly and at the Start. If travelling alone, please leave keys at Enquiries.
- **COURSES CLOSE AT 20:30**, after this we may need to instigate a search for you. Competitors **MUST** report to the Finish and Download by this time whether they have completed their course or not.
- The nearest hospitals for A&E are Princess Royal Hospital, Haywards Heath or East Surrey Hospital, Redhill – details available at Download.
- If you become disorientated, head uphill until you meet the main track and then head south until you reach the assembly area.

Courtesy to others: Whilst unlikely, should you come across other users of the forest, please show them courtesy and avoid shining your torch in their faces.

Event Officials: Organiser: Daniel Sullivan (MV) senights@mvoc.org Planner: Keith Masson (MV)
Controller: Mike Elliot (MV). General information about the club: info@mvoc.org

**** A full risk assessment has been undertaken by the Organiser and will be available for inspection at Enquiries. However competitors are reminded that they take part at their own risk and are responsible at all times for their own safety.**