

Mole Valley Orienteering Club

(affiliated to British Orienteering)

Nonsuch Park London Park Race Series Tuesday 20th June 2017

Nonsuch Park is new to Park Race

Registration: Ye Olde Red Lion, 17 Park Road, Cheam, Sutton, SM3 8QB. Cheam station, 400m. West Sutton station, 1km. Cheam Library car park nearby is free after 6.30pm.

Entry: Entry on the day only. Seniors £5 (£4 British Orienteering members), Under 21s free. SI electronic punching will be used and dibbers are available to hire (£1) from registration

Map: 1:10000 scale. Surveyed and drawn by Mike Elliot, 2015. Maps will be overprinted and waterproof. Control descriptions only on map.

Courses: Short: 3km

Long: 5km

Starts: 18.30 – 19.30. Start is 150m walk. Start at 30 second intervals.

Courses close at 20.15

Terrain: Open parkland with wooded areas. Full leg cover advised – you will encounter long grass and some undergrowth

Event Officials: Organised and planned by Tony Burton clerk@mvoc.org

Results: Splits will be provided and results posted at www.mvoc.org

Après-O: Please consider using Ye Olde Red Lion for your après-O food and drink in recognition of its support for this event. The kitchen closes at 9pm.

Park Race series: More information at http://parkrace.org/

You are responsible for your own safety and you take part in this event at your own risk