



## Mole Valley Orienteering Club

(affiliated to British Orienteering)

**TRY ORIENTEERING**

### The Nower

Sunday 11<sup>th</sup> June 2017

Held in conjunction with 40<sup>th</sup> Surrey Hills Races

[www.sloweb.org.uk](http://www.sloweb.org.uk)

- Venue:** Small but interesting area of mostly runnable woodland, with many paths. All facilities close together. Ideal for picnics.
- Car Park:** The Priory School, Dorking, Surrey. OS Map 187, at Grid Ref TQ158488. Follow the 'Hill Race' signs from South end of Dorking one-way system.
- Map:** 1:5000, 5m contours, surveyed Jan 2015 using LIDAR data - maps will be overprinted on waterproof material
- Registration:** In Priory School. 10.30am - 12.00pm. Entry on the day only.
- Starts:** 11.00am - 12.30pm. Courses close 2.30pm
- Courses:** A short (easy) course of about 1.5 Km and a longer (harder) one of about 3.5 Km. The event will be using SportIdent electronic punching. (Hire charge £1).
- Fees:** Seniors £5.00. Juniors £2.00
- Facilities:** Toilets in the School. Dogs welcome but please clean up any mess
- Officials:** Organiser/Planner – Graham Sutton (MV). In charge on the day – Deborah Sullivan (MV).
- Website:** <http://www.mvoc.org/>
- Safety:** Whistles recommended. All competitors must report to download.

*You are responsible for your own safety and you take part in this event at your own risk.*

*Please note that if you have competed in three orienteering events registered with British Orienteering and not joined an orienteering club which is a member of British Orienteering then you are not covered by our public liability insurance*