



Mole Valley Orienteering Club

(affiliated to British Orienteering)

www.mvoc.org

NORBURY PARK South East Night Championships

Saturday 12th November 2016
Final Details

Mole Valley Orienteering Club welcomes you to the South East Night Championships on the recently resurveyed Norbury Park in the heart of the North Downs AONB

Parking: Car parking/Registration will be at the Young Street car park on the A246, close to the River Mole at GR TQ 163551. Signed from the roundabouts at either end of Young Street at the junctions of A246/B2122 to the west and the junction of A246/A24 to the East. No right turn allowed entering or leaving the car park. Parking is limited so please car share if possible. There will be a £2 parking fee collected at the car park entrance to cover SWT costs. **Please have correct change.** Nearest rail station is Leatherhead approx. 2km to the north. 465 bus from Kingston to Dorking passes car park and runs late enough for return journey. Nearest stop "Givons Roundabout".

Registration: From 4.30pm. EOD Seniors £7; Under 21 and students /£4. Dibber hire £1.

Map: Newly surveyed, LIDAR based and remapped 2015 by Philip Gristwood. 1:10,000 printed on A3 size waterproof paper. Control descriptions will be on the map. Loose control descriptions at the start

Terrain: Mostly deciduous woodland on chalk. Some very runnable. Climb not excessive, but some steep slopes. Flinty paths. Slippery in places if wet.

Courses:
Course 1: M20-40, M45/50 **c5.8km 170m climb 14 controls**
Course 2: M18, M55/60, W20-40, W45/50 **c4.5km 140m climb 13 controls**
Course 3: M16, M65+, W16, W18, W55/60, W65+ **c3.1km 50m climb 12 controls**
Beginner: **c1.8km 15m climb 9 controls**
No courses cross a public road.

Starts: 5pm to 6pm. If pre-entered, go straight to start unless hiring a dibber. Start 800m, 70m climb and back from finish 500m no climb. No allocated start times. SI electronic punching. Courses close at 7.30pm when controls will be collected.

All competitors to report to download even if retiring.

Safety: Whistles strongly advised and cagoules may be compulsory in inclement weather. Cattle may be on the area enclosed by electric fences. Emergency phone number printed on map. Nearest A&E is Epsom Hospital, Dorking Road, Epsom, Surrey, KT18 7EG 01372 735 735

Event Officials:
Organiser: Deborah Sullivan MV
Planner: Ian Ditchfield MV
Controller: Mike Elliot MV

Updates and Results: Check our website before travelling for any changes and to find the results www.mvoc.org

Toilets will be available courtesy of GO.

Make a weekend of it and enjoy Guildford Orienteer's Middle Distance event on Norbury Park on Sunday 13th November <http://www.guildfordorienteers.co.uk/events/go-events/norbury-park/>

You are responsible for your own safety and you take part in this event at your own risk. British Orienteering 3rd Party insurance does not cover any non-member of a British Orienteering affiliated orienteering club at this event if that person has taken part in three or more British Orienteering registered events.