



## Mole Valley Orienteering Club

(affiliated to British Orienteering)

[www.mvoc.org](http://www.mvoc.org)

# EVENING ORIENTEERING IN NONSUCH PARK

Tuesday 9 August 2016

Based on the PARK RACE format

This is the final event in the MV summer series of mid-week evening orienteering events.

**Registration:** Ye Olde Red Lion, 17 Park Road, Cheam, SM3 8QB from 17.30 until 19.00. We are grateful to the management for allowing us to use their premises.

**Transport:** Cheam station, on the line from Victoria, is about 10 minutes walk away. Local buses (151, 213, 470, X76 ) stop nearby.

**Entry:** Entry on the day only. Non BOF seniors £3, BOF members £2, MV members and under 21 free. SI electronic punching. Dibbers available from registration

**Map:** 1: 10,000. Surveyed and drawn by Mike Elliot 2015.

**Courses:** Long approximately 5km  
Short approximately 3 km

**Starts:** 17.45 – 1900. Courses close at 20.00. Start and finish are a short walk from registration.

**Terrain:** Mixture of open ground, some with long grass, and patches of woodland. Full leg protection advisable.

**Event Officials:** Organised and planned by Graham Sutton [journal@mvoc.org](mailto:journal@mvoc.org)

**Après-O:** Food and drink available at Ye Olde Red Lion.

*You are responsible for your own safety and you take part in this event at your own risk.  
Please note that if you have competed in three orienteering events registered with British Orienteering and not joined an orienteering club which is a member of British Orienteering then you are not covered by our public liability insurance*