



Mole Valley Orienteering Club

(affiliated to British Orienteering)

TRY ORIENTEERING

The Nower

Sunday 5th June 2016

Held in conjunction with 39th Surrey Hills Races

www.sloweb.org.uk

- Venue:** Small but interesting area of mostly runnable woodland, with many paths. All facilities close together. Ideal for picnics.
- Car Park:** The Priory School, Dorking, Surrey. OS Map 187, at Grid Ref TQ158488. Follow the 'Hill Race' signs from South end of Dorking one-way system. Parking will be tight - please share transport where possible.
- Map:** 1:5000, 5m contours, surveyed Jan 2015 using LIDAR data - maps will be overprinted on waterproof material
- Registration:** 10.00am - 12.00pm. Entry on the day only.
- Starts:** 10.30am - 12.30pm. Courses close 2.30pm
- Courses:** White (1.2km) Yellow (1.9km), Light Green (2.5km), and Green (3.8km). The event will be using SportIdent electronic punching (hire charge £1).
- Fees:** Seniors £5.00. Juniors £2.00
- Facilities:** Toilets in the School. Dogs welcome but please clean up any mess
- Officials:** Organiser/Planner - Mike Elliot MV
- Website:** <http://www.mvoc.org/>
- Safety:** Whistles recommended. All competitors must report to download.

*You are responsible for your own safety and you take part in this event at your own risk.
Please note that if you have competed in three orienteering events registered with British Orienteering and not joined an orienteering club which is a member of British Orienteering then you are not covered by our public liability insurance*