



## Mole Valley Orienteering Club

(affiliated to British Orienteering)

*invites you to the*

### Dorking Urban Race

Part of the Southern England Orienteering Urban League

**Sunday 24 August 2014**

## FINAL DETAILS

**Event centre:** Ashcombe School, Dorking. Enter from Ashcombe Road (A2003), 200m west of junction with A24 at Dorking Station. Parking is in the grounds of the school. Please follow marshal's directions and park sensibly. OS grid reference TQ 168503. Postcode is RH4 1LY. Nearest rail stations are Dorking and Dorking Deepdene (250m). Dogs are not allowed in school grounds but there is on-street parking nearby.

**Entry and Registration:** Entry on the day - Seniors £10, Juniors £4 (subject to map availability). SI electronic punching will be used and dibbers for this will be available for hire from registration for £1 (lost dibbers £30). Registration opens at 10am.

**Map:** 1:5000 scale, A3, recently extended, overprinted and waterproof. The map has roads marked in 2 shades of brown – the darker shade indicates the “busy” High Street and the associated one-way system. These roads can be very busy, even on a Sunday. Only courses A to D cross these busy roads.

There is one “alley-way” marked on the map as out-of-bounds (vertical red/purple lines) and this will be highlighted on the maps in the Start lanes. This alley-way is not on any optimum route but could be a sub-optimal option. There will be no indication on the ground of this out-of-bounds area.

Contractors working on behalf of UK Power Networks are digging up a footpath and it will be closed for safety reasons. Only the A and B courses are likely to be affected by, or even notice, the closure. The affected footpath is marked on the course maps with red crosses and indicated on the maps available in the Start lanes.

Please note that there are many smaller sets of road works in and around the town, including around the new Waitrose “building site”. All (as far as the planner is aware) are easily passed by, but take care as you may find that you are “mixing” with drivers confused by the temporary layout(s).

### Courses:

<b>A</b>	<b>7.0km</b>	<b>125m</b>	<b>29 controls</b>	Men's Open, Women's Open, Men's Veterans (40+)
<b>B</b>	<b>5.8km</b>	<b>110m</b>	<b>26 controls</b>	Women's Veterans (40+), Men's Super Veterans (55+)
<b>C</b>	<b>5.0km</b>	<b>100m</b>	<b>21 controls</b>	Women's Super Veterans (55+), Men's Ultra Veterans (65+)
<b>D</b>	<b>3.0km</b>	<b>60m</b>	<b>18 controls</b>	Women's Ultra Veterans (65+)
<b>E</b>	<b>3.2km</b>	<b>40m</b>	<b>17 controls</b>	Men's Junior (16-), Women's Junior (16-)
<b>F</b>	<b>2.0km</b>	<b>30m</b>	<b>12 controls</b>	Men's Young Junior (12-), Women's Young Junior (12-)

Details of the scoring system for SEOUL can be found here <http://www.seoul-league.co.uk/>  
Course lengths are straight line distances.

**Starts:** Turn up and go at minute intervals between 10.30 and 12.30. Courses close at 14.30. The Start is approximately 650 metres from the Registration, with 250 metres being on the pedestrian footway adjacent to the A24. This is the most hazardous part of the courses as far as M/W16- and M/W12- are concerned so please take care. The route from the parking area to Registration may be used by competitors on the way to the Finish. Please give competing runners right of way.

**Control descriptions:** Control descriptions are printed on the map. In all courses apart from the A course (Open Men, Vet Men, Open Women) the descriptions appear on the front of the map. The A course descriptions are on the reverse of the map. There will be loose control descriptions available at Registration.

**Race numbers:** All competitors are required to wear a race number. These are available at Registration (along with pins). It doesn't matter what number you use.

**Junior courses:** The M/W12- course uses a quiet cul-de-sac for a small part of the course. This road has a pedestrian pavement on both sides of it and minimal traffic movement. Parents/responsible adults are asked to remind those competitors on this course to keep to the pavement in this area.

The M/W16- course goes through two quiet estates (and the cul-de-sac above), however the largest amount of traffic is likely to be encountered traversing the public car parks to the north of the High Street in the area of St. Martins Church.

**Facilities:** The toilets in the school are of the "eco-flush" variety – this means they can take a while to refill between flushes. Any sort of "backup" must be reported immediately so that it can be sorted before it gets out-of-hand. It only takes a bucket full of water to sort a small "backup" but it may require a visit from Dyno-Rod if the problem is left for any time.

**Safety note:** The last controls (or the legs between them) go through (or around) the parking area. Late arrivals are asked to be exceedingly cautious when parking and be particularly aware that young children may well be running very quickly between controls.

**Event Officials:** Organiser: Tony Burton [clerk@mvoc.org](mailto:clerk@mvoc.org)  
Planner: Mike Elliot

**Results:** Will be available at Mole Valley web site [www.mvoc.org](http://www.mvoc.org)



***You are responsible for your own safety and you take part in this event at your own risk.  
Please note that if you have competed in three orienteering events registered with British Orienteering and not joined an orienteering club which is a member of British Orienteering then you are not covered by our public liability insurance***